

SELF-INTERROGATION

Mind Power Treatment for January 2009

Use the Power of your spoken word to say these Affirmations for yourself at least twice every day throughout this month of January:

I am not other people's opinions; I create my own self-definition therefore I have value.

I feel good about myself.

I have a healthy feeling about myself.

I deserve the best.

I have a prosperous feeling about myself.

I am fascinated by knowledge and learning.

I do not take guilt offered by other people because I am enjoying myself and treating myself well.

I make an effort to look my best every day.

Guilt is a thief therefore, I forgive myself quickly and I forgive others quickly too.

I believe and know that God, the maker of heaven, of earth, and of all there is, has nothing against me.

I forgive myself because I believe God has nothing against me.

SELF-INTERROGATION

Affirmations for January 2009

Use the Power of your spoken word to say these Affirmations for yourself at least twice every day throughout this month of November:

I am good to myself.

I cannot expect other people to be better to me than I am to myself.

I believe in myself. I believe in the God-in-me. I believe in God.

Therefore, I believe in myself. I respect myself.

I have faith in myself.

I feel good about myself.

I feel healthy and happy about myself.

I feel successful and prosperous about myself.

I deserve the best. I deserve God's best because God is my Father.

**I advance myself. As I advance myself, I glorify God and I advance
others.**

My success glorifies God and uplifts everyone around me.

My prosperity glorifies God and uplifts humanity.

I enjoy myself without guilt.

I have a good time. I laugh. I play. I enjoy God. I enjoy myself.

I enjoy life because the joy of the Lord is my strength.

I forgive myself. I wipe my own slate clean.

I wipe my slate clean of every mistake, of every stupid action, of every sin.

**I do not wallow in my mistakes. I am not fascinated with sin—mine
or anybody else's.**

I let it be so. I am free to prosper, to enjoy myself and my family and friends.

I love and beloved.

Thank you God-in-me.

