

SELF-INTERROGATION

“Step number one is to open your mind to the possibility of the thing you desire. Here is a self-interrogation question: What are the three things that I desire the most? You may want to enumerate them in a list.”—*Rev. Ike.*

What are the three things I desire the most?

1. _____

2. _____

3. _____

With God, all things are possible. Matthew 19:26

“Step number two, after you accept the possibility of the good which you desire, then immediately begin *to visualize*, seeing it already established, perfect and complete with the eye of your Imagination. In your mind begin to enjoy that good that you want to be, to do and to have.”—*Rev. Ike*

Here are my visualizations for each of the three things I desire most. Be vivid and include as many details until you begin to feel the excitement of having each thing.

1. _____

2. _____

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3. _____

“Step number three, *now* you will be led what to do; you will be connected by God-in-you to the right people, and your faith will compel the right ways and means to propel you to right action.”—Rev. Ike

I realize that I am going to have to make changes in what I do each day. What am I willing to change, to give up, and begin doing so that I can have my three most desired things. Please take your time and give this serious thought. In order to have something you have never had you are going to have to be willing to do things you have never done. Remember, whatever you are currently doing is producing what you have right now. Be sure to list the benefits for each desired thing.

Benefits of having *desired things* #1:

I am willing to change/give up/start doing for *desired things* #1:

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Mind Power Treatment for June 2009

Continue use the Power of your spoken word to say this blessing for yourself at whenever you need to combat negative, self-defeating thought during this month of June:

I open my mind to the greatest and happiest possibilities of God-in-me. I see the greatest and happiest possibilities of good for myself, for everyone and everything.

I see the greatest and happiest possibilities of health for myself and everyone. With God healing and health are possible. For healing is the revealing of the wholeness of God in man. Health is the wholeness of God in man. Health is the wholeness of God in me. God-in-me is my health RIGHT NOW and for eternity. This realization is a healing, health-keeping power unto me and everyone who thinks of me and of whom I think. Thank you God-in-me for Health, for Strength and for Healing.

I see the greatest possibilities of happiness for myself and everyone. With God happiness is not only a possibility but a reality to me as I open my mind to happiness.

Thank you, Father. Amen.

Affirmations for June 2009

Use the **Power** of your spoken word to say these Affirmations for yourself at least twice every day throughout this month of June:

With God ALL things are possible.

All things are possible to him who believes.

When I *believe* I am God in action.

The Infinite does not know me as someone apart from Itself.

God believes in me.

I believe in God and God believes in me.

My oneness with the Infinite is my basis of power.

