

**SELF-INTERROGATION**

Here are your personal self -interrogation questions for lesson #8, **You Can Work Wonders with Your Mind.**

Please work at this exercise with the intention of learning as much about **you** as you can by being honest and truthful with yourself. You have nothing to lose and everything to gain—for as a man [mind] thinks in his/her heart so is he/she.

Please take your time—you have all month to work through your answers.

1. What do I think are my limits?
2. What are the last two *Ideas* I have had?

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What have I done about these ideas? Am I trying to make them happen? If not, why not?

*Remember: You can work wonders with your God-given mind-power.*

3. Right here and right **NOW** I make up my mind to

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Now that you have sent your word ahead of you, allow your *God-given mind-power* to lead you and guide you concerning what to do next. At this point you will have to become aware of the distractions that will come along to block your path. When you give into them you are sabotaging your own success.

4. Am I able to make a good decision when a situation requires one or do I leave the decision for someone else to make?
5. What type of situations cause me the most trouble when it comes to making a decision? Why?

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- 6. Do I believe I deserve the thing I am asking for? If I don't, why not?
- 7. Do I really know what I want?

If you cannot clearly write your goal you will not be able to make a decision about what you want because you don't know what you want.

**Habakkuk 2:2**

And the LORD answered me, and said, 'Write the vision, and make it plain upon tables, that he may run [begin working to create it] that reads it.'

- 8. Am I able to make a quick decision? If not, why not?
- 9. When I make a decision do I stick with it?

**James 1:6-8:**

<sup>6</sup>But let him ask in faith, nothing wavering. For he that wavers is like a wave of the sea driven with the wind and tossed.

<sup>7</sup>For let not that man [mind] think that he shall receive any thing of the Lord.

<sup>8</sup>A double minded man is unstable in all his ways.

Have you ever wondered why you have not received the thing for which you have asked? Now you are beginning to understand; You have not made up your mind. Your desired thing should be so buried in your mind that if someone awakened you from a deep sleep and asked you what you want you would say it without hesitation.

- 10. When is the last time I got what I wanted? Am I satisfied with the outcome of the situation? If I am, would I be able to follow the same steps the next time in order to get what I want?

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If not, do I know why I didn't?

When you believe with all your heart that you can have what you desire every word and every action line up with your desire. For example, when you believe you are going to move you begin getting boxes and packing your "stuff" before you have that next place. **That's** making up your mind.

- 11. How do I feel about myself down in my gut? These are the four (4) words I use to describe myself:

_____	_____
_____	_____

What do you hear yourself saying about *you*? What do other people say about *you*? Always remember, you are not other people's opinions.

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12. Do I really think that I am the cause of what happens in my life?
13. Does the way I feel about myself have anything to do with my ability or inability to make a decision?
14. Again, do I say unkind things about myself and do I allow others to say unkind things to me and about me? Why?
15. Do I believe that I deserve the Goodness of God?

Please spend some time thinking about this question. It is very important to get to the bottom of this answer. If you don't believe you deserve God's goodness, you will create reasons why you cannot have what you want.

### **Affirmations for September 2008**

Use the Power of your spoken word to say these Affirmations for yourself at least twice *every* day throughout this month of September:

**Right here and right now I make up my mind to have what I want to have, to be what I want to be, and to do what I want to do.**

**I make right decision easily and effortlessly therefore I get what I deserve.**

**Right here and right now I make up my mind to be healthy.**

**I make up my mind to be strong.**

**God in me is my Strength.**

**God in me is my eternal youth.**

**I make up my mind to be happy right now.**

**The joy of the Lord, is my strength**

**I make up my mind to love and to be loved.**